



APPROVED BY
Rector of RMU



SYLLABUS

Practical Training Programme
Specialty 560001 — General Medicine (5-year programme)
Type of Practice: VOLUNTEER PRACTICE

1. Course Information

Form of study	Full-time
Year / Semester	Year 1 / Semester 1
Total workload	2 credits (60 academic hours)
Duration	2 weeks (10 working days), 6 hours/day, 6-day week
Type of assessment	Pass/Fail with rating score
Practice base	Social, medico-social and rehabilitation institutions



2. Brief Description

The volunteer practice is the first practical module in the curriculum. Students work as volunteers in social and medico-social institutions without interruption to their studies. The placement introduces the student to patient care, interpersonal communication, the principles of medical volunteering and the everyday work of healthcare staff.

3. Aim of the Practice

To acquire professional skills of interpersonal communication with patients and the public, to improve the quality of life of vulnerable populations through medico-social and social-domestic assistance, and to lay the foundations of independent professional activity of a future general practitioner.

4. Learning Objectives

- Understand the concept and principles of medical volunteering.
- Become familiar with the structure, equipment and workflow of social and medico-social institutions.
- Learn the duties and business-etiquette norms of a volunteer and healthcare worker.
- Develop interpersonal communication skills with diverse patient groups.
- Acquire elementary work skills and additional competencies.
- Strengthen professional orientation and commitment to the future profession.
- Apply theoretical knowledge in real practical activity.

5. Principles of Medical Volunteering

- Voluntariness — no one may be compelled to engage in volunteer activity.
- Gratuitousness — work is unpaid and is not a substitute for paid employment.
- Equality — equal opportunity regardless of sex, age, ethnicity, religion or social status.
- Morality and humanity — respect for moral-ethical principles and human rights.
- Responsibility, safety, self-improvement, openness and publicity.

6. Competencies Formed

GC-4 (General)	Able and ready to work in a team and tolerantly perceive social, ethnic, confessional and cultural differences.
SPC-5 (Social-Personal)	Able to conduct logical and argued analysis, public speaking, discussion, educational and cooperative activity.
IC-2 (Instrumental)	Able to use information, bibliographic resources and ICT with regard to information-security requirements.



- PC-11** Able to carry out sanitary-educational work with the population on modifiable risk factors and healthy nutrition.
- PC-25** Able to train the population in basic hygienic measures and the formation of a healthy lifestyle.

7. Activities at the Practice Site

- Assistance in general patient care (morning/evening hygiene, feeding, repositioning, bathing).
- Support to nursing and junior medical staff in University Clinic.
- Conducting talks on healthy lifestyle, nutrition, vaccination prophylaxis and evidence-based medicine.
- Promotion of personnel blood donation.
- Information, counselling, educational and leisure support of patients in social institutions.
- Accompanying and transporting patients, the elderly and children.

8. Required Skills (control table)

Morning ward round	10 — levels 2–3
Walks / patient transport	20 — level 2
Individual sessions with patients	10 — level 2
Assistance at events	10 — levels 2–3
Daily patient care (hygiene, feeding, bathing, etc.)	10–15

Skill levels: 1 — has an idea / knows indications; 2 — knows, evaluates, takes part; 3 — performs independently.

9. Practice Diary

- The diary is filled in every day at the end of the shift and signed by the supervisor.
- All sanitary-educational work (talks, sanitary bulletins) is recorded in the relevant section.
- Results are summarised in a consolidated report.



- The placement-supervisor writes a character reference (theoretical level, practical skills, ethics, recommended grade), endorsed by the chief physician and stamped with the institution's seal.
- Without the required signatures and seal, the practice is not credited.

10. Assessment

Final assessment is conducted by a commission as a differentiated pass/fail examination at the Simulation Centre immediately after the cycle. The student presents the practice diary with character reference. The final grade is set by the RMU department supervisor based on the diary, the character reference and the result of the assessment.